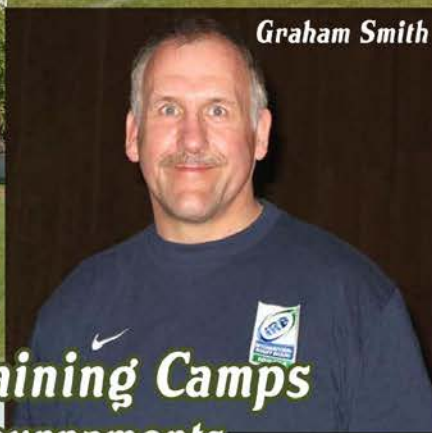




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Graham Smith



**Emerging Nations Training Camps**  
**+ Test Euro Champ Tournaments**  
**Women's 7's Rugby**  
**Easter every year!**



Simon Jones



Sarah Hunter



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# ENTC IX

Easter 2014

Thursday 17 to Monday 21 April

Venue:

**ZANKA, HUNGARY**

Host: Rugby

Zánka Children and Youth Centre

8251 Zánka

[www.zanka.hu](http://www.zanka.hu)

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## Women's European Sevens Tournaments 2014



WGPS x 2	
1 <sup>st</sup> Rd. - 7 <sup>th</sup> -8 <sup>th</sup> June (Moscow)	
Final - 14 <sup>th</sup> -15 <sup>th</sup> June (Brive)	
1	Russia
2	England
3	France
4	Spain
5	Ireland
6	Italy
7	Netherlands
8	Portugal
9	Wales
10	Germany
11	Belgium
12	Sweden

Division "A"	
7 <sup>th</sup> -8 <sup>th</sup> June (Bergen)	
1	Ukraine
2	Scotland
3	Czech Republic
4	Poland
5	Moldova
6	Switzerland
7	Romania
8	Croatia
9	Georgia
10	Denmark
11	Finland
12	Norway

Division "B"	
28 <sup>th</sup> June (Vilnius)	
1	Austria
2	Hungary
3	Israel
4	Latvia
5	Malta
6	Turkey
7	Andorra
8	Luxembourg
9	Slovakia
10	Lithuania
11	Bosnia H
12	Serbia

Outcomes:

- Champion of Europe
- Ranking for 2014
- Promotion/Relegation "2 Up/2 Down"

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# EMERGING NATIONS TRAINING CAMPS

## ENTC IX

Thursday 17 to Monday 21 April 2014

Venue: ZANKA, HUNGARY

Emerging Nations Training Camps

+ Test Euro Champ Tournaments

Women's 7's Rugby

### Aims:

Closing the gap between the Top 10 and the A & B Groups

Pre-Rankings for European Championship 2014

To identify areas where National Teams need to work

NT Coaches Conduct National Team Selection

For European Championship 2014

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# ENTC IX

Thursday 17 to Monday 21 April 2014

ZANKA, HUNGARY

As a TES Adopted Project we are provided with:

2 Certified Elite Level Coaching Experts for Players

A Certified Elite Level Coaching Expert for Coaches

A Certified Elite Level Referee Expert on 7's

+ 1 RFU assisted HP Union Team Role Model Player / Coach

**Names and details about each Expert on next page**

## IRB Coach Training & Certification (in parallel)

4 years ago coaches had the chance to receive their IRB L1 + L2 Seven's Certifications.

2 years ago coaches completed a Continued Personal Development Course on 7's Strength & Conditioning.

Last year we offered a Continued Personal Development Course toward completing IRB L2 Seven's Certification and Coaching Diary + for those not yet certified, their IRB L1 Seven's Certification and we will

work on this again to ensure all coaches have L2.

## Referee Training & Certification (in parallel)

Referees & Tournament Directors in Training, more integration of & interaction between Coaches & Players, clarifying Laws of the game; Referees run Test Euro Championship Tournament Day in Stadium

Test & rate potential Euro Champ referees & make a selection of the top ones.

# ENTC IX

Thursday 17 to Monday 21 April 2014

## ZANKA, HUNGARY

### PLAYER EXPERTS

*Dave Livesey*

Dave has worked for the RFU since 2003 & is currently the Coach & Player Development Officer for the North West. His previous coaching experience includes working with Cheshire RFU U13, U14 & U16s & Lancashire U20s. For the past two years, he has assisted with the Sharks Development Group (SDG). (RU Student Liaison Officer)

*Martin MacTaggart*

Player Development Officer, Area 3 and Senior Coach

Work with Club Boards and other bodies to maximise XV and Sevens playing opportunities for 14-24 year olds

Work closely with University Development Officers to enhance existing & alternative playing opportunities

Work with CBs to initiate opportunities for lapsed players to return to the game

*England Player / Coach: Kim Oliver*

Community Development Coach, was an England Fly Half / Center, is now 31 and has had 43 caps for England

<http://www.rfu.com/squadsandplayers/womensrugby/kimoliver>

Kim has been playing rugby since the age of 9, judo from the age of five, along the way to a black belt & now body boarding as a hobby gives Kim Oliver wide ranging skills that complement her talents as a rugby player. A former swimming teacher at Bath University Swim School

### COACH EXPERT

*Andy Dixon*

Andy Dixon is a Level 3 Coach, Coach Tutor and Tutor Trainer based in the North East of England. He is also a Senior Coach in Rugby League, an External Verifier for 1st4Sport, the RFU's awarding body for coaching awards and is working towards becoming an RFU Referee Coach. He is an official Rugby Union Coach Educator

### REFEREE EXPERT

*Clare Daniels*

IRB Female Referee of the year, several years running, this will be Clare's 3rd year at ENTC and 2nd at UWG!

# ENTC IX

Thursday 17 to Monday 21 April 2014

Venue ZANKA, HUNGARY

**Past participating nations:**

- Austria
- Bosnia I Herzegovina
- Bulgaria
- Croatia
- Czech Republic
- Denmark
- Finland
- Hungary
- Luxembourg
- Poland
- Romania
- Serbia
- Slovakia
- Slovenia

**Also invited / welcome:**

- Andorra
- Belgium
- Georgia
- Greece
- Israel
- Latvia
- Lithuania
- Malta
- Montenegro
- Norway
- Turkey

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Sarah Hunter

Emerging Nations Training Camps  
 + Test Euro Champ Tournaments  
 Women's 7's Rugby  
 Easter every year

*In the past some nations with only a small selection of youth players have brought them along to be mixed into teams for an **U18 tournament**: Austria, Czech Rep, Hungary, Poland, Serbia*  
 Nations are also welcome to send an U18 team or to have their U18 players join a Barbarian U18 team

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# ENTC IX

Thursday 17 to Monday 21 April 2014  
Venue ZANKA, HUNGARY

## MAX EXPECTED NUMBERS:

15 Participating Nations

15 Players per Nation

200 NT Squad Players

15 to 20 NT Active Coaches

10 to 15 Seven's Referees

40 to 50 U18 NT Players

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Sarah Hunter

Simon Jones

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## DRAFT ENTC IX PROGRAMME

- This may be altered to fit the needs of the participants
- Legend:
  - RUGBY EDUCATORS in GREEN – Dave Livesey  
Martin MacTaggart  
Kim Oliver
  - REFEREE EDUCATOR in ORANGE – Clare Daniels
  - COACH EDUCATOR in BLACK – Andy Dixon
  - EVERYONE TOGETHER
  - U18 TOURNAMENT
- We will be putting players into groups alternating with the experts on site.

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Emerging Nations Training Camps

Women's 7's Rugby

Graham Smith

Sarah Hunter

# Programme (Thursday)

**Thursday Day 1** – Arrival day (noon).  
(There will be three groups of players working with ???)

**08:00 – 12:00** – Arrival of Teams

**12:00** – Lunch for all

**14.00** – ENTC IX Introduction, Head Educators led with all.

**14:30** – Coaches: Course Introduction

**14:30** – Referees:

**14:30** – Players: 3 groups – G1, G2, G3

**15:45** – Drinks break.

**16:00** – Coaches:

**16:00** – Players: 3 groups – G2, G3, G1

**16.00** – Referees:

**17:00** – Practice Games then warm down!

**18:30** – Dinner (at cafeteria)

**19:30** – Video analysis

– Patterns, Coaches - how do you play? Players – what is your role?

**19.30** – Referees:

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Women's 7's Rugby  
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## Friday Day 2

09:30 – Coaches:

09:30 – Players: 3 groups – G3, G1, G2

09.30 -

10.45 – Drinks break.

11:00 – Players: 3 groups –

12:15 – Warm down.

12:30 – Lunch (at cafeteria)

14:30 – Coaches:

14:30 –

14.30 -  
...Love life!

15:45 – Drinks break.

Players & Referees & Coaches

16:15 – Practice games.

17:15 – Warm down.

18:00 – Dinner (at cafeteria)

Players & Coaches

19:30 – 20:00 –

19:30 – TBC. Referee – Planning Sun. 7s Test EURO (+ Sat. U18 Tournament)

Referees & Coaches

21:00 – Referees Present Draft Plan or Ideas to Coaches



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## Saturday Day 3

09:30 – Warm up

10:00 – Coaches:

10:00 – Decision-making? Patterns.

10.00 – Referees:

11:00 – U18 Team Preparation / Organisation /Warm up with Coaches

11:15 – 12:45 U18 Tournament (Stadium)

11:15 – Drinks break.

11:30 – Team preparation with Coaches (upper Sports Field)

13:00 – Lunch (at cafeteria)

14:00 – Free Time

14:00 – 15:00 Referees make sure all is ready for Test Euro

– Tournament Timetable & Referee Assignments (Print 50 copies)

18:30 – Dinner (at cafeteria)

### Coaches & Referees

20:00 – 20:30 – Coaches, Referees & Tournament Director: Referees explain Test Euro Procedures, Rules & Regulations, Areas of Concentration, R & R, Q & A, + ENTC FEEDBACK SESSION

20:00 – 20:45 – Players share their “Rugby Abroad Experiences” Q & A style!

– ENTC ALL STARS that went to London WASPS share experiences!

– 5 mins ENTC FEEDBACK SESSION by Nation – submit 6 key points +ve & -ve

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## Sunday- Day 4 TEST EURO CHAMP Day @ Stadium

**07:00 – 08:00 - Breakfast** (at cafeteria) for all!

**08:30 – Warm-ups for Players & Referees!**  
– Mental Preparation for Games

**09:00 – 12:00 – Tournament part 1**

**11:30 – 13:00 - LIGHT Lunch breaks in groups with packed lunches**

**13:00 – 15:30 - Tournament part 2**

**15:30 – 15:45 - Hand in Team Sheets & determine Ranking**

**15:45 – 16:00 – All Stars Game vs. Champions**

**16:00 – 16:30 – Photo Shootings**

**Tournament Director, Referees, Coaches & Experts & Zanka Coordinator**

**16:30 – 16:45 - Tournament & TC Feedback Session on site**

**18:30 – for all - Banquet Dinner (at Cafeteria)**

**19:30 – 20:30 - ENTC IX Awards Ceremony & Team Sharing**

**20:30 – 23:30 - ENTC IX CELEBRATION Cont. sharing & Party!**

## Monday- Day 5

**09:00 – 10:00 - Breakfast (at cafeteria)**

**10:00 - Conclude ENTC IX - Teams Travel Home Safely!!**